



Foundational Principles of Charting the LifeCourse (CtLC)

Learning the basics of the
LifeCourse Framework





Objectives

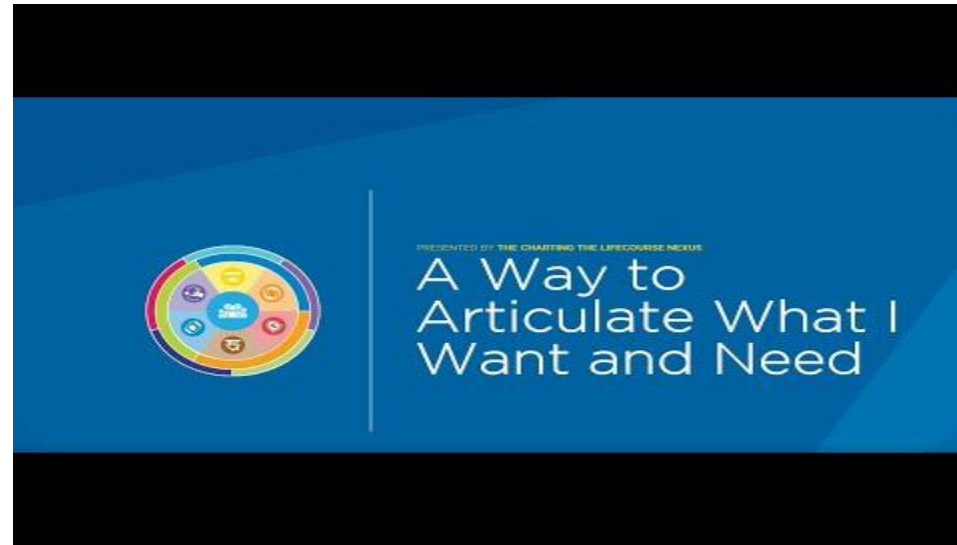
Learn
the foundational
principles of
Charting
the LifeCourse

Ask questions
and
receive feedback

Gain
resources



The LifeCourse Framework



<https://www.youtube.com/watch?v=IRHq4P27zWo>



The LifeCourse Key Principles: Focusing On All People



All people, regardless of age, ability, or family role, are considered in our vision, values, policies, and practices for supporting individuals and families. All families have choices and access to the supports they need.



The LifeCourse Key Principles: Recognizing the Person Within the Context of Their Family



People exist and have reciprocal roles within a family system, defined by that individual. Roles adjust as the individual members of the family system change and age. The entire family, individually and as a whole, needs support to ensure they all are able to successfully live their good life.



The LifeCourse Key Principles: Recognizing the Person Within the Context of Their Family

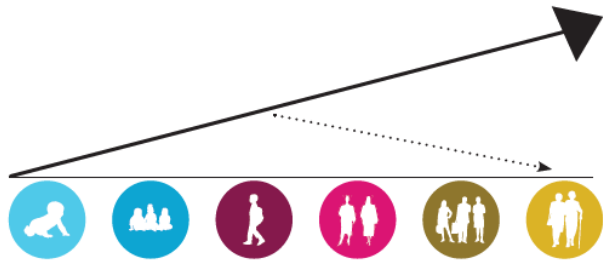


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The LifeCourse Key Principles:

Trajectory of Life Experiences Across the Lifespan

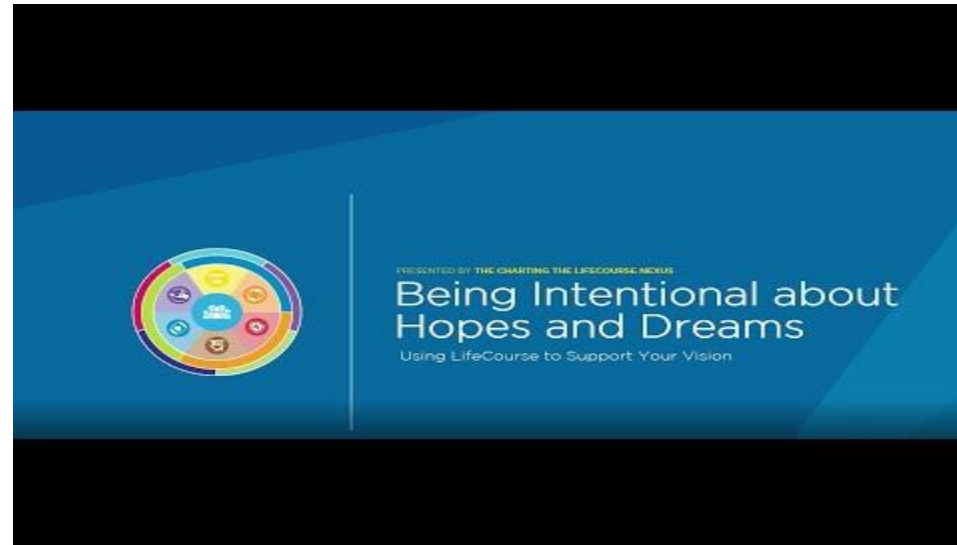


Individuals and families can focus on a specific life stage, with an awareness of how prior, current, and future life stages impact and influence their trajectory. It is important to have a vision for a good, quality life and have opportunities, experiences, and support to move the life trajectory in a positive direction.



The LifeCourse Key Principles:

Trajectory of Life Experiences
Across the Lifespan



https://youtu.be/H_9P9Xy8Az0



The LifeCourse Key Principles: Achieving Life Outcomes



Individuals and families plan for the present and future life outcomes that take into account all facets of life and have opportunities for life experiences that build self-determination, social capital, economic sufficiency, and community inclusion.



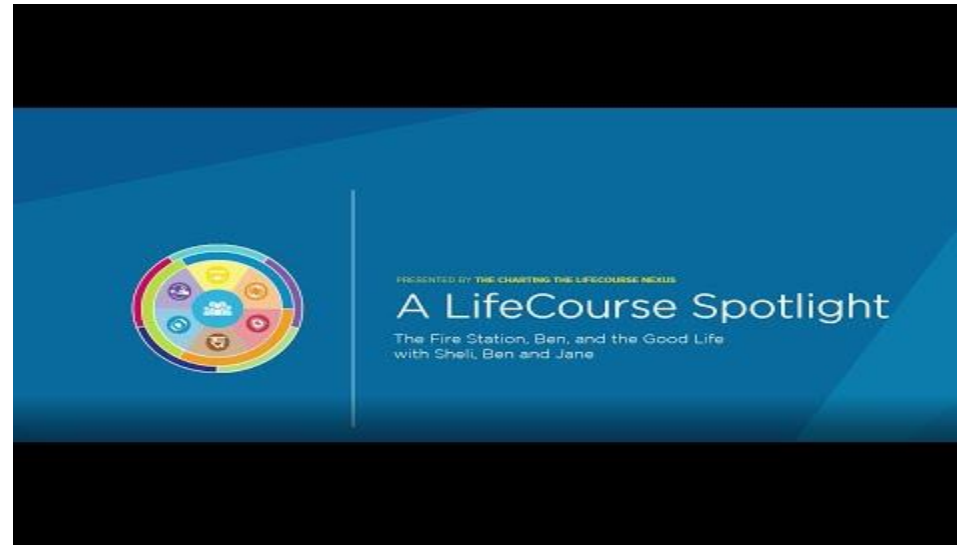
The LifeCourse Key Principles: Holistic Focus Across Life Domains



People lead whole lives made up of specific, connected, and integrated life domains that are important to a good quality of life. Life domains are the different aspects and experiences of life that we all consider as we age and grow.



The LifeCourse Key Principles: Holistic Focus Across Life Domains



[https://youtu.be/ BZeTCze9x4](https://youtu.be/BZeTCze9x4)



The LifeCourse Key Principles: Supporting the Three Buckets of Need



The three strategies for supporting individuals and their families can be organized into three categories (or buckets):

1. Discovery & Navigation
2. Connecting & Networking
3. Goods & Services



The LifeCourse Key Principles: Integrated Services and Supports Across the LifeCourse



Individuals and families access an array of integrated supports to achieve their envisioned good life. These include those that are publicly or privately funded and based upon eligibility; community supports that are available to anyone; relationship-based supports; technology; and the personal strengths and assets of the individual and their family.



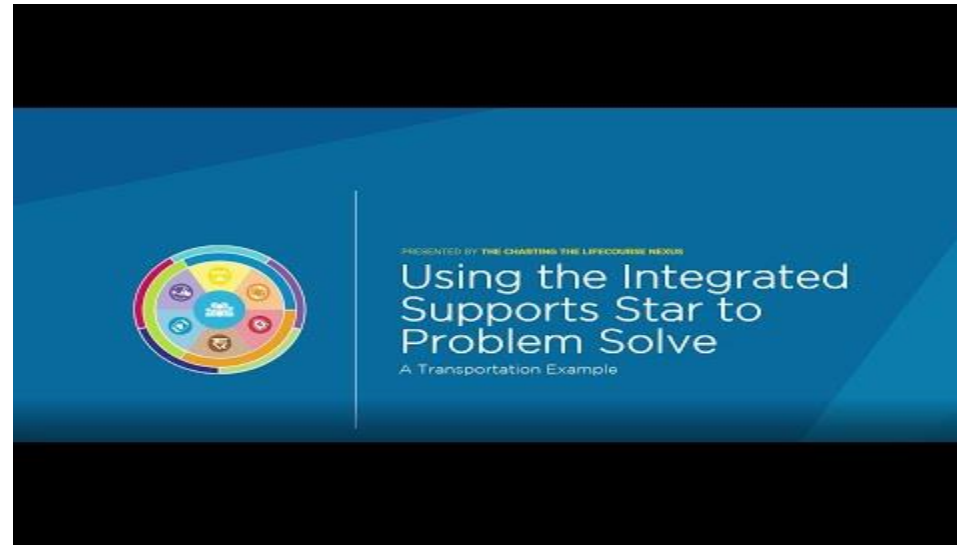
The LifeCourse Key Principles: Integrated Services and Supports Across the LifeCourse



<https://youtu.be/ubRIPqUi4Ag>



The LifeCourse Key Principles: Integrated Services and Supports Across the LifeCourse



<https://youtu.be/ntexHnS-H6I>



The LifeCourse Key Principles:

Transformational Policy and Systems Change



Individuals and families are truly involved in policy making so that they influence planning, policy, implementation, research, and revision of the practices that affect them. Every program, organization, system, and policy-maker must think about a person within the context of family and community.

*Everyday
Lives*



charting the
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